

Home Care Product List

Below is a full list of our available products. Please feel free to print, mail or save a pdf of this page for future reference. You may browse all our products in more detail by using the menu to the left.

CLEANSERS

Derma Deep Cleansing Gel - 60 ml Normal/Oily/Problem Skins. Deep Cleanses, tones naturally whilst clearing and tightening the pores

Hydroactive Cleansing Gel - 60 ml or 100 ml - Normal/Oily/Problem Skins. Deep Cleanses, tones naturally whilst clearing and tightening the pores

Derma Deep Cleansing Milk - 100 ml For dry skin. Light, yet rich, moisturizing cleanser. Cleans the skin gently, yet deeply, leaving a film of moisture.

(Also see Male and Youth ranges which have their own cleansers)

DAY PREPARATIONS

B-Complex Daily Radiance - 60 ml Normal/Oily/Combination/Problem Skins: Daytime moisturizer with Natural oil controller and sun protection SPF 30. Helps tighten pores, protects and gives skin a natural healthy radiance.

Daily Survival - 60 ml Normal/Dry Skins: Deeply nourishing daytime moisturizer with sun protection SPF 30. Hydrates, protects and gives skin a glow.

Ultramatte Daily Infusion - 60 ml Caucasian Skins, that are non problematic

(NOT suitable for black, coloured or Asian skins as generally these tend to be more oily/problematic – B-Complex is recommended instead): An infusion of plant extracts renowned for skin repair with sun protection SPF 15 in this daytime moisturizer. Leaves skin silky smooth but with a matte finish.

NIGHT PREPARATIONS

Rejuvoderm Night Repair - 60 ml - Rejuvenating night cream that may be combined with other RégimA night preparations. Suitable for long-term maintenance combining AHAs and pure retinol anti-ageing. MUST be cleansed off in the morning.

Night Renewal Ultimate Booster - 60 ml - Powerful rejuvenating night cream combining highly concentrated AHAs and pure retinol anti-ageing. May be combined with other RégimA night preparations. MUST be cleansed off in the morning.

SPECIAL AREAS

Collagen III Booster with Hyaluronic Acid - 30 ml - Facial treatment stimulates your own body to produce healthy collagen as found in young skins. Helps fill in wrinkles in depth with resultant plumping. Ultimate anti-ageing . Rapid skin smoothing. Has been seen clinically to improve skin elasticity by upto 300% in only 7 days. With continued use one achieves a more youthful, elastic skin.

Basal Cell Feed - 30 ml - Facial treatment focusing on anti-ageing, regenerating, detoxifying, toning and promoting more even skin colour. Improves and preserves skin elasticity, limits the ageing process. Coffee Berry delivers many essential rare ingredients helping eliminate the loss of epidermal elasticity.

Firming Wrinkle Logic - 30 ml - Facial firming gel to be used for sagging skin as a tightening agent. To be used as a quick fix for special occasions.

Revital-Eyz - 15 ml Deeply penetrating, nourishing, eye repairing formulation. Created so it is safe to use over the whole

of the delicate eye area. Because of the lack of oil producing glands under the eyes it is an essential part of a regime.

Quantum Elastin Dermal Regenerator - 60 ml - Elastin in a micromolecular form combined with botanicals and proteins, firms and lifts the skin. Beneficial to damaged and problem skins as well as scarred skins. Helps re-elasticize and thicken the skin so recommended for use over sensitive areas affected by broken capillaries. Has been seen to help skin affected by eczema or psoriasis. May use am & pm under appropriate RégimA day and night products

Neck Firming Complex - 50 ml Super firming and deeply nourishing twice daily preparation for the neck area which quickly shows signs of neglect and ageing.

Breast & Decollette Firming Complex - 50 ml Essential twice daily cooling, tightening, firming gel for all women. Helps firm the breasts and smooth out the creases in the chest area due to sun damage and loss of elasticity. Helps relieve premenstrual breast tenderness.

Hydration Concentrate - 60 ml Micro-Molecular formulation to penetrate and moisturize deeply without leaving the skin feeling too oily. To use as and when required. Can be used am & pm under day and night products.

Alpha Lipoic + Vitamin C - 60 ml A special treatment. Universal anti-oxidant and Vitamin C slow the ageing process by protecting against free radical damage. May use am and pm after cleansing and combine with appropriate RégimA day and night essentials. Plumps out wrinkles, evens skin colour.

Amino Actives Dry Skin Therapy - 60 ml Essential amino acids and minerals are combined in this super penetrating, nourishing formula. Promotes firm and vibrant skin. Am or pm as instructed by Skin Care Professional.

Amino Actives Problem Skin Therapy - 60 ml Essential amino acids, organic sulphur and zinc are amongst the ingredients in this formula helping skin retain moisture whilst reducing oil production and helping combat a problem skin. Am or pm as instructed by Skin Care Professional.

C-Innovation Pigment Perfector - 60 ml Use as part of an overall programme according to the instructions to improve and control hyperpigmentation and uneven skin tone. Ideally used am & pm under RégimA day and night products. Works synergistically with RégimA AHA night creams to help combat pigmentation. Contains the most potent form of Vitamin C, helping even out skin colour, powerful antioxidant, anti-ageing.

Serum C+ Facial Firmer & Pigment Perfector - 12 ml - Concentrated Vitamin C Serum helps tighten and even pigmentation. To be used in conjunction with appropriate RégimA day and night products. Vitamin C in the most potent form and highest concentration, helps even out skin colour.

Ultimate 15% Alpha Lipoic Serum - 12 ml Concentrated alpha lipoic serum for skin rejuvenation. To be used in conjunction with appropriate RégimA day and night products. Highly potent serum to be used approximately 2 to 3 times weekly. Plumps out wrinkles. If applied to the lips gives a burning sensation but causes immediate plumping of lips.

“Radical Difference” Myo-Relaxor Serum - 12 ml - Concentrated serum which works on the neuromediators (nerves and muscle relaxing). Inhibits contractile fibres in nerve/muscle mechanism helping smooth out expression lines. Stimulates collagen production. Anti-ageing and deeply hydrating serum. Enhances the use of injected myorelaxors such as Botox.

“Equilibrium” Anti-Problem Serum - 12 ml - Concentrated serum which helps balance the hormones and oil secretions in the skin. Anti-inflammatory, antiseptic, healing. Minimizes pores, promotes collagen synthesis. (These plants do not in any way affect the hormone levels within the body)

Centella Scar Treatment Programme - 15 ml Centella jar & Micropore Tape & Alcohol Wipes & 15 ml Scar Repair tube. Cream to be used over the top of Micropore tape. Only for use on new scars immediately following suture removal. Helps accelerate the healing process. (Medical Aid NAPPI Code - 871982005)

Scar Repair & Anti-Stretch Complex - 100 ml Extremely versatile scar repairing cream for use on new and old scars. Helps accelerate the healing process. May be used with or without Micropore tape. Seen clinically to have a positive effect on even hypertrophic or keloid scarring. A prevention and 'treatment' for stretchmarks. Also seen to have a very positive effect on scarred, acneform skins. May be used am and pm under RegimA day and night products on damaged, thin, ageing skins to help thicken, repair and re-elasticize (Medical Aid NAPPI Code 880922001)

New Expression 3 in 1 - 15ml - Targets under eyes. Myorelaxor, relaxing muscles / nerves, focusing on expression wrinkles (aiding Botox effect). Anti-puffiness. Anti-dark circle.

Instant Lift - 15ml - Special treatment, for whole face and even under the delicate eye area. Action: instant cooling, firming, lifting of tired, crepey skins. Gives skin an instant glow. To be used in conjunction with RégimA day and night products. May be used daily or for that special occasion. Specialist rejuvenating ingredients.

Anti-Acne Ointment - 15 ml - For acne and problem skin sufferers. An 'ointment' to be applied to all affected areas, even blind spots as soon as one feels them developing. Use in conjunction with other RégimA home care essentials.

Post Laser / Post Peel Treatment Gel - 15 ml & 100 ml - Essential post skin resurfacing laser, dermabrasion or post deep peel treatment. Applied alone several times daily following the above treatments until laser debris or peeling has cleared. Holds in moisture, prevents crusting and accelerates the healing process. Safe to use on even new burns providing fast and safe 'treatment'. Suitable for use following any laser treatment, including hair removal laser.

Eye Repairing Eye Make-Up Remover - 50 ml - Ideal for sensitive eyes and contact lens wearers. Not just an eye make-up remover. Formulated to promote length and strength of eye lashes. To nourish and help repair the delicate eye area using unique anti-bacterial moisturizers.

Face-It - Repairing, Anti-Ageing, Ultra-lite, Natural Plant Based Professional Foundation – 50 ml - (Note 50 ml – most foundations are only 30 ml)

A major culprit regarding blocked pores and whiteheads can be the foundation used. Most foundations use a white pigment (titanium dioxide) which also acts as a sunscreen - be very careful as in certain skins, especially oily skins or enlarged pores, it can block. For this reason RégimA formulated this more NATURAL foundation containing high concentrations of only the finest natural ingredients with organic colour tinctures. Created with a plant base including centella asiatica, bulbinella, aloe leaf, calendula, rose seed combined with algae extracts, known for skin healing, anti-inflammatory activity, and stimulation of circulation.

Do not hide behind a mask of make-up, the skin cannot breathe and the condition deteriorates. FACE-IT enhances the natural beauty of all skins, providing just enough cover, illuminating the skin. It has a light velvety texture which glides onto the skin, blending perfectly. Available in Natural & Tan Colours

Sun Pro - Waterproof, Repairing, Regenerating - 100ml - The most versatile sunscreen may be used on the face and body, especially during all sports, including swimming. Safe for all skin types and all ages. Contains laminaria algae helping repair sunburn and sun damage.

Repairing Shaving Oil - 100% Natural - 10ml - The very latest concept in Europe is to use a healing shaving oil for guys & girls. Only a few drops are required. Helps protect and repair the most sensitive and problematic skins. Powerful lubricating action helps eliminate and prevent razor burn/rash. Repairing Shaving Oil replaces foam or gel. Contains a multitude of healing oils and is safe and recommended for even very young, problematic skins, or for very sensitive areas. Can be used for wet shave or pre-electric shave. Shaving Oil skin is smoother, moisturized and repaired.

Marula Lip Protector - 5ml - This is not a lip balm. It is an anti-ageing, repairing, sun-protecting lip treatment with marula oil. Should be used by guys & girls daily. Essential for anyone needing Roaccutane treatment - must be used regularly to help prevent dry, cracked lips.

Quench Replenishing Facial Spritzer - 100 ml Anytime, Any place, Anywhere

Repairing, uplifting, replenishing & restoring essential moisture. Spray onto face & body for instant cooling, skin suppleing & smoothing. Active natural amino acid complex naturally exfoliating. Reduces inflammation, antiseptic, healing, soothing. Aids problem skins, restores elasticity and suppleness. Presented in a convenient refillable container which fits in a bag or pocket. Great to use during spinning class or any work-out session or on the beach, at braais etc.

Under Cover Concealer -10ml - Perfectly covers dark under eye circles, blemishes, pigmentation.

Under Cover Green Foundation - 25ml - This is ideal for use following laser, dermabrasion or deep chemical peels. The pale green colour helps counteract the redness of the skin. It is used following RegimA moisturization and is followed by normal skin colour foundation.

Perfect Pout - 10ml - Lipstick sealer, lip moisturizer, contains SPF 30. Seals in lipstick colour and moisture all day long. Also gives a sexy gloss to the lips.

BODY TREATMENTS

Body Treatment - 250ml - Exfoliator, Toner, Hydrator. Contains Lactic and Malic acids to naturally exfoliate dead skin and promote collagen production. Contains essential oil Melissa. Night rejuvenating treatment for the body.

Tropical Paw Paw Body Toning Lotion - 250ml - Exfoliator, Toner, Hydrator. Contains Lactic and Malic acids to naturally exfoliate dead skin and promote collagen production. Contains Paw Paw. Night rejuvenating treatment for the body.

Tropical Paw Paw Body firming Oil - 100ml - The finest Natural oils firm and moisturize deeply. Obviously not for patients suffering from acne on the body. This Firming Oil is recommended for use with the Paw Paw Toning Lotion. Combine the 2 products and massage briskly into the body nightly.

Curve Contour Cellulite Controller - 100ml - Daily Treatment to help control cellulite. To be massaged into problem areas. Stimulates removal of toxins via the lymphatic system. Cellulite requires long-term maintenance. (NOT to be used by pregnant or lactating women, anyone with a heart condition or overactive thyroid)

Under Cover Tan - 100 ml - Tan without the sun the safe way. Apply at night and wake up with a beautiful tropical tan. Exfoliate any dry area such as knees and heels, moisturize these areas if necessary to avoid darker colour. Lotion to be applied with smooth strokes. Wash palms of hands thoroughly. Lasts up to a week before next application.

Footsy Repairing Foot Lotion - 100ml - Hydrates and seals in essential moisture on the feet, penetrating quickly without any greasy residue, so one does not slip in the shoes. Foot and heavy leg treatments to relieve tired, swollen feet and legs and to help smooth dry cracked skins.

Specialized Anti-Ageing Hand Serum - 25ml - Hand treatment to help eliminate 'age spots' and rejuvenate tired, ageing hands.

Omega 6 & 9 Hand Treatment with Coffee Berry - 150 ml - Daily use hand treatment to soften, smooth and preserve skin elasticity. Provides essential nutrients, minerals, proteins, vitamins and coffee berry from the Amazon rainforest.

MALE SKIN CARE

RégimA presents THE WOW FACTOR, our STRICTLY MALE AMAZON facial and body range. Ingredients from the Amazon Rain Forest, collagen stimulators, encapsulated time release complexes, envelop the body, treating with the power of nature. RegimA is the anti-ageing jewel, being a dramatic wrinkle smoother, rejuvenator, elastisizer, firmer and for the scalp, hair growth stimulator. RégimA AMAZON releases secrets of the oldest and most diverse ecosystem on the planet and more ...

Amazon X-Treme Clean Wash + Shave - 60 ml - All Skin Types. Deep Cleanses, tones naturally whilst clearing and tightening the pores. Helps prevent razor rash.

Amazon About Face Day & Night Balm - 50 ml - Anti-ageing, repairing, toning, firming, day and night treatment. Myorelaxing effect, works on the neuromediators (nerves and muscle relaxing). Inhibits contractile fibres in nerve/muscle mechanism helping smooth out expression lines. Enhances the use of injected myorelaxors such as Botox. Stimulates collagen production. Reflective powder, a small molecule filler gives the optical illusion of wrinkle removal and eliminates shine. Contains SPF 15.

Amazon Quick Fix Firmer - Natural tightening agents, anti-ageing and anti-free radicals plus Elasin and Amazonian Buriti Oil are combined in this firming under eye gel.

Amazon Masque It for Face & Hair - 15 ml - Deeply hydrating, repairing, anti-ageing treatment masque. Fights the effects of pollution and purifies the skin. Helps treat problem skins, firms pores. Anti-microbial helps prevent papules and pustules. Helps treat and calm reddened skins. May be massaged into the scalp if hair is fine or thinning to treat and stimulate.

Amazon Hot Bod Shower Power - Body Cleansing + Smoothing Oil 100 ml - Anti-ageing, anti-oxidant, firming and restoring elasticity. Anti-inflammatory, repairing damaged or crepey skins. Cleanses deeply, improves skin tone and colour, moisturizing and conditioning.

Amazon Body Blitz - Exfoliator + Energizer - 200 ml - An anti-ageing, energizing body scrub. A powerful anti-inflammatory, detoxifying, healing, soothing, A natural antiseptic helps heal wounds. Stimulates the circulation and provides essential fatty acids to moisturize, nourish deeply and protect. Firming and restoring elasticity.

YOUTH...COM

SIMPLY AWESOME YOUTH SKIN CARE

THE REASON WHY YOUTH SHOULD CARE FOR THE SKIN

We all know that the skin is the largest organ in the human body. Besides holding our insides together, it also plays a

leading role in how we appear to others and ourselves. Skin is also an organ that cannot be transplanted so what you do with it from a very young age determines how you will always look and how healthy your skin will be. Reality is that skin cancer does not only affect older people. Establishing a daily skin care regime is a necessity and it is not rocket science.

FACT: Nearly 85% of young people develop acne. You have a choice, you can sit back and blame it on genetics, your age, or you can do something about it and try prevention. Certain factors can cause skin flare ups:-

Wouldn't
you know it the hormones are the main culprit - unfortunately you can't
avoid this one but try and minimize
the effects

Friction
caused by leaning on or rubbing the skin - A reason why flare ups happen during exams - stressful times

Pressure from
bike helmets, backpacks, tight collars

Environmental
irritations - pollution & high humidity when oil & sweat are
dual culprits

Of
course squeezing & picking - what starts off as miniscule ends up
resembling a traffic light or an alien - sound familiar - every time you
do that you leave blemishes & scars & the healing process has to
start again from square one

Hard
scrubbing of the skin - your skin is oily, not dirty - don't do damage
& cause scarring

Sporty
guys & girls tend to get lots of whiteheads around the hairline
because of the oil & excess sweat build-up so cleanse asap
after all sports, including swimming to get rid of the chlorine

Going
to bed without cleansing off all make-up
- Oh that is such a no no

Wrong
cosmetics and foundations that are
too thick - don't hide - get your
canvas clean & smooth & you will be amazed

Alcohol,
smoking, poor diet all affect the skin in a negative way

FACT: Oil is the reason your dead skin cells are sticking around. Remember that the 'black' appearance of blackheads is not caused by dirt, but by the oxidising effect of air on the oil in a blocked pore and the dead cells. If you want to unplug these cleanse & exfoliate, but don't go ballistic and scrub your skin until it bleeds! This will just produce mega amounts of oil as well as making your skin red, inflamed and sore. Sometimes when you adulterate the skin with hectic scrubbing it causes long-term damage and in some skins leads to pigmentation. Forget it if you think you can then hide behind a foundation because it won't work and will exacerbate your problem.

GOALS

To create a 'ZIT FREE ZONE'. To heal existing lesions, reduce the chances of new lesions forming, help prevent scarring, repair residual scarring. To achieve a clear, smooth, glowing skin without blemishes, pigmentation and scars. Remember scars can remain with you for life and are a constant reminder.

THE ROAD TO TAKE

Firstly, it is quite surprising the difference you can make by cleansing and exfoliating with the right stuff. Remember be gentle and follow the phenomenally simple, effective, RégimA High Performance route. CLEANSING helps unplug the oil & sweat from the pores, minimizing the chances of blackhead formation and helping clear out. EXFOLIATION without any of the scrubbing and trauma. Everyone needs to exfoliate. Although the body does a great job of naturally shedding, it still needs a little bit of help. Exfoliants work by sloughing off dead skin cells that are no longer welcome on your face. The skin that is visible is no more than a thin layer of dead cells in their final stage and ready to fall off, but this does not always happen, especially in an oily skin, so help is required. Papaya is often called the "biological scalpel" and it works by enzymatic action to dissolve dead tissue without affecting living tissue and brilliantly causes no trauma in the process. It contains Vitamins A, B, C, D, E, G, K and an abundance of essential minerals. It also promotes healthy healing of wounds. Just the right amount of DAILY MOISTURIZATION helps normalize those oily and dry patches as many people have a combination skin type but they tend to just focus on the oily areas. Sun protection is essential, don't bake and regret later. When you sleep this is the time for your body to recuperate and regenerate. Well this is also the time for your skin to relax, recover, so NIGHT REPARATION is essential. The use of the wrong or harsh products now comes back to bite you on the butt in years to come!

STEP1. AM & PM High Performance Cleansing & Toning Gel - 100ml - If you are striving for pore-fection start cleansing morning & night. If you have a very oily skin, you can see blackheads, enlarged pores or spots, you play a lot of sports, sweat a lot etc, then also cleanse when you get home from school, college, varsity or after every sporting session. This will go a long way in preventing oil buildup and clogged pores. This soap-free, low foam cleanser ensures contact with the skin, not like foaming washes where active ingredients are lost in the bubbles! Expect the skin to feel tighter -

remember we are clearing and closing the pores.

Ingredient Action: Soothing, calming, conditioning, natural antiseptic, anti-bacterial, pore cleaning and tightening, benefits chapped or sun exposed skins. Helps prevent razor rash

Tones NATURALLY using plants. This awesome cleanser has been formulated so as to give you the best ever cleanse and save you loads of cash as it is a cleanser & toner all in one - brilliant!

STEP 2. DAILY High Performance Lotion - 60ml - However young you are and even if your skin is oily and patchy, you need a day 'treatment'. We are not just talking moisture here. We know what your needs are. You want a non-greasy, healing, repairing, sun-protecting phenomenal lotion. It will soak quickly into the skin leaving it feeling velvety soft, whilst at the same time its army of ingredients will have penetrated and will be working on your deeper layers repairing and helping prevent further damage.

Ingredient Action: Anti-acne, reduces inflammation, helps decrease pain on very irritated skins. Non-greasy, deeply hydrating without residual oily feel, healing, repairing, soothing, calming, softening, smoothing. Essential sun protecting.

STEP 3. NIGHTLY High Performance Gel - 60ml - Night time is when you treat your skin. In the 21st century there are elements past generations did not have to deal with. RégimA is your defence mechanism. Don't think you are too young to do this. Every night after cleansing apply a thin layer of Night Gel to full face and neck, avoiding eye area.

Ingredient Action: Anti-acne, astringent, anti-inflammatory, antiseptic, healing 'treats' wounds and sores, soothing pain in tender, inflamed skins. Natural exfoliator, pore tightening, moisturizing cooling gel.

STEP 4. Midas Touch High Performance Peel-Off Masque - 60ml - A face masque is a pretty essential part of your home care regime so we have developed a gorgeous peel-off formulation.

Ingredient Action: Balancing, cooling, refreshing, stimulating, uplifting. Vitamin B complex helps balance and normalize the skin to keep it clear and healthy. Healing, repairing, helps prevent blemishes. Normalizes oil production and revitalizes skin moisture levels. Promotes elasticity. Anti-acne, anti-inflammatory, antiseptic, anti-bacterial, soaking up excess oil. Soothing, smoothing.

